

# BREAKFAST



# BUTLER'S RESTAURANT & TAVERN

AT THE ESSEX,  
VERMONT'S CULINARY RESORT & SPA

RESERVATIONS ACCEPTED  
802-764-1413

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## light fare

### **The Essex Fresh Start Breakfast 6.25**

*includes juice, coffee or tea, pastry or toast,  
choice of: oatmeal, cereal, or yogurt & house-made Muesli parfait*

### **Lox & Greens 11.95**

*Ducktrap River Farm smoked salmon & dill cream cheese  
served on a toasted bagel with capers, red onion, petit salad*

### **Organic Yogurt & Muesli Parfait 5.95**

*seasonal fruit, Stonyfield vanilla yogurt, house-made Muesli*

### **Organic Steel-rolled Oatmeal 5.95**

*golden raisins, blend of spices, bourbon-Madagascar vanilla*

### **Fruit Plate 8.95**

*selection of local fruits and berries, spiced nuts, Stony Point Apiaries (VT) honey*

### **Super Fruit Smoothie 6.95**

*spirulina, goji berry, banana, seasonal berries*

### **The Healthy Wake-Up Juice 4.95**

*fresh-juiced carrot & apple juice, Stony Point Apiaries (VT) honey*

## from the griddle

*Add seasonal fruit or chocolate chips 1.25 each*

### **Fresh Seasonal Berry Pancakes 9.95**


*powdered sugar, Browns River Farms (VT) maple syrup  
add chocolate chips 1.25*

### **The Essex “Lost Bread” 9.95**

*Grand Marnier batter, lavender butter, powdered sugar*

### **Deconstructed Scotch Egg 11.95**

*country-fried Vermont sausage, two hard-boiled eggs,  
balsamic-braised shallots, hash browns*

 Spa cuisine

*All menu items are prepared under the direction of Executive Chef David Coolidge.  
A 19% gratuity will be added to parties of eight or more.*

## for children

### **Vermont Kids Breakfast 4.95**

*choice of one item: french toast, silver dollar pancakes,  
or one egg with toast and ham, bacon, or sausage*

## farm fresh eggs

*Tofu scramble or egg whites may be substituted for eggs in any dish.  
We are proud to serve Shadow Cross Farm (VT) eggs.*

### **Two Eggs to Order 9.95**

*home fries & toast  
add ham, sausage, or bacon 1.95*

### **Classic Omelet 9.95**

*Vermont maple-cured ham, Cabot (VT) cheddar, home fries & toast*

### **Steak and Eggs 13.95**

*New York strip, two eggs any style, hash browns*

### **Pork Carnitas Huevos Rancheros 10.95**

*two fried eggs, corn tortilla, Cabot (VT) pepper-Jack cheese, cilantro crème, salsa verde, home fries*

### **Irish Eggs Benedict 11.95**

*corned beef, home fries, Guinness hollandaise, caramelized pearl onions & peppers*

### **Corned Beef Hash 11.95**

*two poached eggs, caramelized pearl onions, fingerling potatoes*

## sides

**North Country Smokehouse Bacon 3.50**

**Vermont McKenzie Pork Sausage 3.50**

**Apple Chicken Sausage 3.95**

**Morningstar Farms Vegetarian Sausage 3.50**

**Maple-cured Ham 3.50**

**Muffin, Scone & Croissant Basket 3.50**

**Cold Cereal 3.50**

**Home Fried Potatoes 3.50**

**Toast (white, wheat, rye, English muffin, artisan) 2.00**



*Consuming raw or undercooked meats, poultry, seafood, shellfish,  
or eggs may increase your risk of food-borne illness.*

*Please inform your server of any food allergies or special dietary needs.*

